



Security cam footage of "the competition" taking the SUPERSTRUCTURE™ from the Hyundai display at the Auto Show. Follow the clues at [www.HyundaiSuperSearch.com](http://www.HyundaiSuperSearch.com) for the chance to win a \$20,000 reward.

MONDAY, FEBRUARY 22, 2016

Vancouver **metr**

# SUPER HEIST!

The SUPERSTRUCTURE™, the advanced frame found in the all-new 2017 Hyundai Elantra, was on display at the Canadian International AutoShow and went missing on Saturday, February 13th, sometime between 1:30am and 2am.

The discovery was made by Hyundai Auto Canada Corp. President and CEO, Don Romano. "I was doing

my usual walk around the Hyundai booth to start the day off and I was shocked to see our revolutionary SUPERSTRUCTURE™ was just... gone," he said.

Shortly after the discovery, Hyundai Canada received a ransom video (pictured below) featuring three representatives from the company's competition. In the video,

which Hyundai officials posted online at [www.HyundaiSuperSearch.com](http://www.HyundaiSuperSearch.com), "the competition" claims responsibility, brags about their heist, and announces plans to reverse engineer the SUPERSTRUCTURE™ and the Advanced High Strength Steel with which it's made.

When it was confirmed the SUPERSTRUCTURE™ had in fact been taken by the competition, Hyundai Canada Marketing Director, Lawrence Hamilton, and his team, immediately began asking for people to help find it by registering to become part of the search team at [www.HyundaiSuperSearch.com](http://www.HyundaiSuperSearch.com).

For taking part in the search, Canadian residents will have the chance to be rewarded with a \$20,000 grand prize or 1 of 4 weekly rewards of \$2,500. As more clues are discovered, Hyundai

gation," said Hamilton as he was putting up posters at the Auto Show. "Simply put, our competition has stolen our SUPERSTRUCTURE™ and we need everyone's help. All you have to do is

fort, precise handling, and enhanced safety.

"If we can get Canadian residents to help us search for our SUPERSTRUCTURE™, I have no doubt it will be recovered before our competition can learn our secrets," concluded Romano.

*For more on this story, refer to the back of the paper...*



Canada will release details on the website as well as on its Facebook, Twitter and Instagram pages.

"By simply signing up, you can submit answers to clues that are uncovered throughout the investi-

follow the clues and help us find it for a chance to win."

Thanks to the SUPERSTRUCTURE™, the all-new 2017 Elantra is threatening to set a new benchmark for ride com-



A screen capture taken from the ransom video received by Hyundai Canada President and CEO, with three representatives from the company's competition claiming responsibility for the heist.



**THE ALL-NEW 2017 ELANTRA**

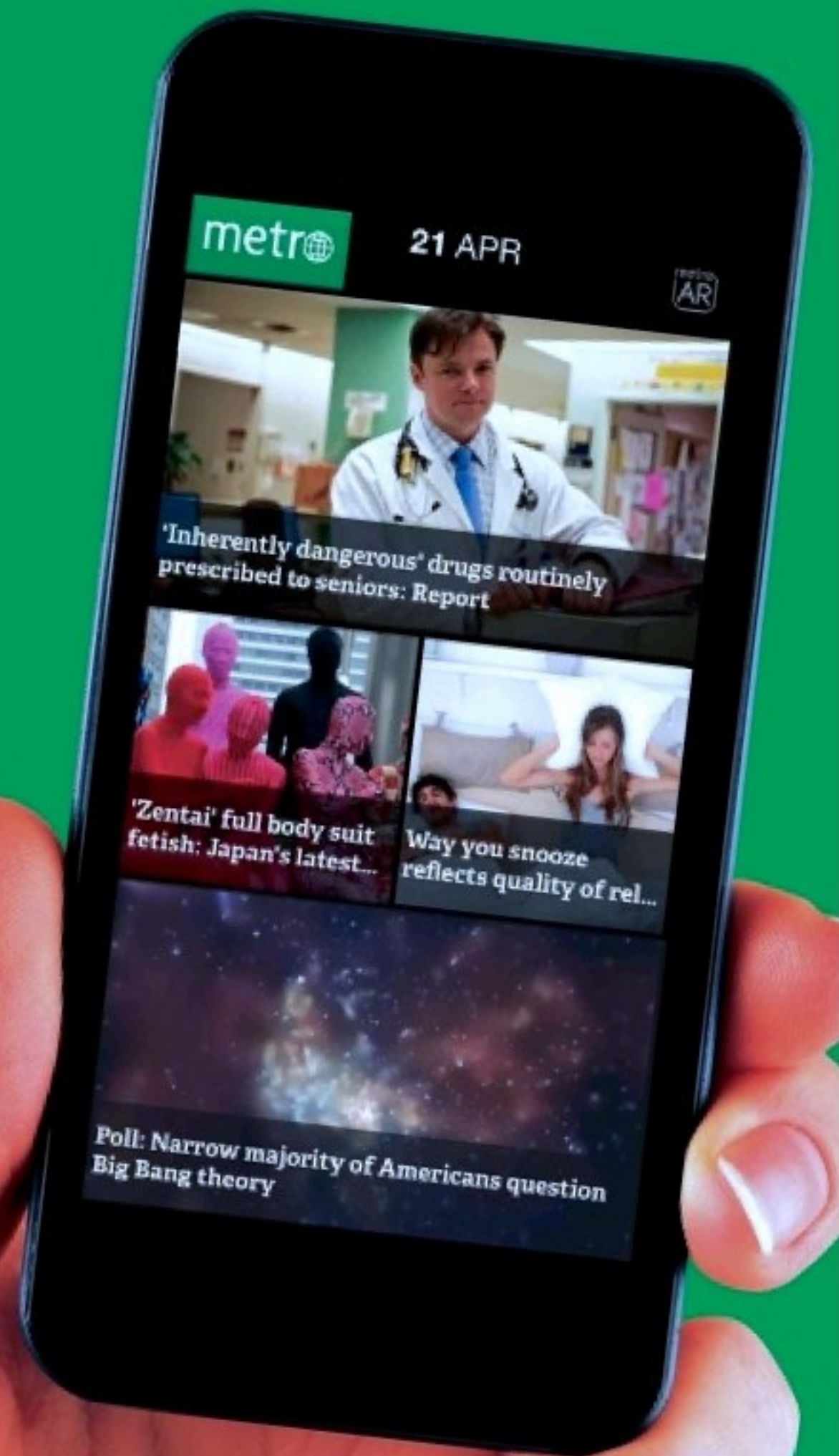
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# Vancouver metro

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Your essential daily news | MONDAY, FEBRUARY 22, 2016

High 8°C/Low 2°C Scattered Showers

## OUTRAGED ANGRY DISGUSTED

**Victims' families react to serial killer Robert Pickton's book**

**metroNEWS**



**PICKTON**

In His Own Words

Michael Childres

COURT SKETCH: FELICITY DON/THE CANADIAN PRESS; INSET: SCREENGRAB/AMAZON.CA

# Dam activists fight injunction in court

## ENVIRONMENT

**High-profile opponents to join in trying to stop Site C**



**Matt Kieltyka**  
Metro | Vancouver

Opponents to the ongoing construction of BC Hydro's Site C dam near Fort St. John will

have some high-profile backers in their corner on Monday.

Renowned environmentalist David Suzuki and Union of British Columbia Indian Chiefs Grand Chief Stewart Phillip will be at B.C. Supreme Court in Vancouver as protesters attempt to fight off an injunction filed by BC Hydro to clear them out of the construction area.

BC Hydro filed for the court injunction Jan. 19, saying the group of landowners and local First Nations have prevented contractors from carrying out

work around the south back of the Peace River.

The protestors have called for a temporary suspension of construction work, pending the outcome of several lawsuits against the \$9-billion project and a review from B.C.'s Auditor General.

"In the fact of all that and the enormous opposition to the project, just maybe it's possible the court won't grant an injunction," said a hopeful Phillip on Sunday. "I'll be curious to see the outcome, and I'll

absolutely be there (Monday)."

Despite having seen a fair share of injunctions granted in favour of proponents recently, Phillip said one decision makes him optimistic given the circumstances.

In 2012, a judge denied Taseko Mines an injunction against the Tsilhqot'in National Government opposed to

work at the still-contested New Prosperity Mine (a negotiated agreement was later reached



**(The injunction) is disrespectful of the aboriginal and Treaty 8 people.**

Grand Chief Stewart Phillip

between the parties).

Phillip believes the same issues of treaty and landowner rights, and environmental concerns, are at play here.

The Site C dam would create an 83-kilometre reservoir, flooding Treaty 8 heritage sites,

burial grounds, private properties and agricultural land, advocates say.

"(The injunction) is disrespectful of the aboriginal and Treaty 8 people and disregards the property rights of the landowners," Phillip believes.

BC Hydro has said the injunction is intended to keep the project on schedule and on budget.

The power authority is seeking general and punitive damages, as well as costs.

WITH FILES FROM THE CANADIAN PRESS



# Woman loses \$800 in dog scam

## PUPPIES

**Make sure you know the person, see the animal: Expert**

**Tereza Verenca**  
For Metro | Vancouver

A B.C. woman is warning pet owners to buy their furry companions locally after being scammed for \$800 last week.

Stephanie Kilbreath of 108 Mile Ranch had been scouring Kijiji a few weeks back, looking for puppies for her and her son and some friends.

She came across three different ads for two pit bulls and a Maltese, all from Halifax.

The "breeder" reportedly had just lost her daughter and wanted to find them a good home. The only catch was Kilbreath had to pay \$800 for the dogs' flight.

It didn't seem like a scam at first, she admitted.

"I saw the pit bulls live on webcam and saw the papers," she told Metro.

"When I sent the money, she said they were on the plane and that they'll be on my doorstep at 2 p.m."

About two hours before their scheduled arrival, Kilbreath received a text from the breeder that the pit bulls were at Edmonton International Airport and that staff wouldn't release them unless she paid \$1,700 in pet insurance and another \$160 for dog crates.

Suspicious of things, she made a quick call to confirm.

"They weren't there," said Kilbreath.

Evan Kelly, a senior communications advisor with the Better Business Bureau, said his organization has received several calls about this scam recently from people who have lost money to a fraudulent puppy sale or who have stopped short of sending the funds.

"The ad often includes a sob story and they simply want to get rid of the puppies for free — all you have to pay for is

the flight of the dogs to reach your destination," he said.

Not wiring money to strangers and always paying with a credit card or PayPal are some things to keep in mind.

"Go to a reputable breeder if you're looking for a specific type of animal," he added.

"See if you can go to the breeder and inspect their facilities. Check out the mother and father dogs. Check references."

Kelly noted there are a host of fake websites out there, but many look legitimate with their plethora of cute photos.

But he said there's an easy way to check if it's a hoax.

"They have these social media plug-ins that don't actually work and they don't have a contact number. That's a huge red flag," he said.

Another tool to sort out the scammers from the real breeders, according to Kelly, is to do a reverse Google search image.

"I searched one yesterday and found one of the pictures all over the place. The company claims (the dog) was 11 weeks old. These pictures were from six months ago."

As for Kilbreath, she said it's a scam that could happen to anyone.

"Make sure you know the person and see the animal face to face," she said.



One of the pit bulls a Nova Scotia "breeder" promised a B.C. woman. CONTRIBUTED

**“ See if you can go to the breeder and inspect their facilities. Check out the mother and father dogs. Check references. Evan Kelly**

## Living with high blood pressure?

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# King of swings: Park board eyes Dal Richards tributes

MUSIC

## Commissioner to table motion during Monday night's meeting

Tereza Verenca  
For Metro

The late Dal Richards could someday have a bandstand or park named after him.

Commissioner John Coupar will table a motion during Monday night's meeting, asking staff to "identify and report back on park board assets that could represent opportunities to recognize Dal Richards' lifetime of contributions to Vancouver."

Richards, known as the city's "King of Swing" and as one of Vancouver's most popular big-band leaders, passed away on Dec. 31, 2015, at the age of 97. The music legend, who would have turned 98 five days later, performed 79 consecutive New Year's Eve shows. Other gigs included the PNE bandstand and a 25-year stint at the Panorama Roof Ballroom of Hotel Vancouver.

"He gave so much to entertaining us in our parks and venues over many years. I thought it was appropriate we work with his family and our staff and try and see if we can come up with some kind of recognition," Coupar told Metro, adding his own father played the clarinet alongside



Vancouver big-band leader Dal Richards serenades a crowd and dances with MLA Mary McNeil at Robson Square in 2013. The "King of Swing" passed away on Dec. 31 last year. JENNIFER GAUTHIER/FOR METRO

Richards in the '30s, when the boys were part of the Kitsilano Boys' Band.

Having got to really know Richards over the last few years,

Coupar said he'll never forget Richards' presence.

"He never waned in his sort of desire to be in front of people and on the stage, and making sure everyone was participating," he recalled. "Whenever he'd come to see you, he'd come striding across the street, and big strides."

Asked what kind of park

board assets could be named after Richards, Coupar didn't want to speculate.

"There may be a bandstand in the system.... It could end up being a park. It's really what the family would feel is most appropriate."

The City of Vancouver also plans to recognize Richards by looking into what street or

city asset could take his name.

The jazz star took up music at the age of nine after losing an eye in a slingshot accident.

"From a really unfortunate incident, it turned out to put him on what he was meant to do," Coupar said. "If you're doing exactly what you want to do every day, that's pretty great. Not many of us can say that."

DANGER

## Several hurt in avalanche near fatal slide

An avalanche seriously hurt two people and sent several others to hospital near Esplanade Mountain, west of Golden, not far from where a snowmobiler died in another slide this weekend.

RCMP say a group of 13 people were skiing as part of a guided tour on Sunday morning when an avalanche was triggered.

Police said a 64-year-old man from Canmore, Alta., was flown to Calgary by helicopter in critical condition, while a 58-year-old woman from Calgary was transported by helicopter to Kamloops with serious injuries that weren't believed to be life-threatening.

Four others were treated for minor injuries in hospital in Golden.

Everyone was located, Const. Spencer Lainchbury said.

A spokesperson for the B.C. Ambulance Service said its crews have cleared the scene.

On Saturday, a 30-year-old

Calgary man was killed and a 40-year-old man from Winnipeg was taken to hospital when an avalanche struck four riders in the Quartz Creek area west of Golden.

Avalanche Canada issued a warning Friday as potentially deadly snow conditions were forecasted on slopes across parts of eastern and southeastern British Columbia. THE CANADIAN PRESS

5

Almost a month ago, five snowmobilers, all men from Alberta, were killed in an avalanche near McBride.

“He gave so much to entertaining us in our parks and venues over many years.”

Commissioner John Coupar

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# Killer's book angers families

JUSTICE

## Pickton's story leaked out of prison to the U.S.



**Matt Kieltyka**  
Metro | Vancouver

News that serial killer Robert Pickton was able to write a book in prison and publish it in the United States has outraged his victims' families.

According to a CTV report, Pickton — convicted of killing six women from Vancouver's Downtown Eastside, once charged with the murder of 20 others and linked himself to as many as 49 murders — had the book published and made available on Amazon.com after his handwritten manuscript was sent to the U.S. via his cellmate.

The 144-page book, titled *Pickton: In His Own Words*, portrays the convicted killer as in-

nocent but the relatives of his victims say the tale only deepens their grief.

"Of course, I was shocked," said Ernie Crey, the brother of Dawn Crey, who's DNA was found at Pickton farm. "Speaking to the other families today, they're outraged, disgusted and they're angry. (Pickton) had his day in court. He appealed the outcome. He had his say. He's in jail for life," he said.

"But he also imprisoned mine and many others' families to a lifetime of grief and loss."

Painful subject matter aside, Crey wants to know how the book was smuggled out of his maximum-security prison in Agassiz and published in the first place.

"If (Corrections Canada) do monitor for these kinds of things, they didn't do a very good job," Crey said. "How did this book get out of prison? There are a lot of questions we want to ask."

He also plans to write the federal government about a nationwide law that prevents convicted criminals like Pickton, or their associates,

“

**What's next, a movie? I want (government) to close this loophole in the law.**

Ernie Crey, brother of Robert Pickton victim Dawn Crey

from profiting of their crimes.

Ontario has such a law, but not British Columbia, Crey understands.

"There isn't one coast-to-coast federal law that prevents convicted criminals from publishing such a thing with profits in mind. What's next, a movie? I want (government) to close this loophole in the law," he said. "I want to make sure that something like this doesn't happen again."

Crey understands the anger sparked by the book release could fuel interest, but he urged people not to buy the book.

"I'm going to strike back," he said. "I can't just sit back and say nothing."

## PICKTON

In His Own Words

Michael Childres

A screen shot of *Pickton: In His Own Words*. AMAZON.CA

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# STUDY & WORK IN CANADA

PUBLIC SAFETY

## RCMP warn women after sex assault on Burnaby Mountain



**Thandi Fletcher**  
Metro | Vancouver

Mounties are warning people to not walk alone after a woman was sexually assaulted Thursday on Burnaby Mountain.

The incident happened at 12:40 p.m. when a woman walking along the busy Burnaby Mountain Urban Trail was approached by an unknown man and was

sexually assaulted, according to Burnaby RCMP.

The man then fled through the bushes travelling on foot toward Lougheed Mall, police said.

Police said the woman was taken to hospital and is receiving treatment.

The man is described as white with a slim build, about five-foot-seven, balding and between 40 and 50 years old.

He was wearing black gloves, a grey hoodie, black jacket and black Adidas run-

ners with green writing on them, police said. His grey sweat pants were reported to have had very muddy cuffs.

Cpl. Daniela Panesar of Burnaby RCMP said police are cautioning the public to walk in pairs or in a group, especially in the area around the trail.

Anyone with information on the man's identity is asked to call Burnaby RCMP's Serious Crime Section at 604-294-7922 or Crime Stoppers, if you wish to remain anonymous, at 1-800-222-8477.

### IN BRIEF

#### Surrey woman arrested after SkyTrain incidents

A Surrey woman has been charged after she allegedly assaulted two people on the SkyTrain.

Transit Police say 46-year-old Tamara Robertson appeared to be intoxicated and was drinking alcohol when she got on the train Wednesday afternoon.

Police allege Robertson punched a woman who told her to stop harassing a group of deaf and hard of hearing students and

then blocked the path of a 71-year-old man who tried to get off the train.

Police say Robertson also punched him in the face when he asked her to move out of the doorway.

The female victim suffered a concussion and a black eye, and the man had swelling and bruising to his nose.

Robertson was arrested soon afterward and has been charged with two counts of assault.

THE CANADIAN PRESS

#### Mounties arrest four in alleged dial-a-dope ring

Four people from Chilliwack have been charged in what police allege is a dial-a-dope ring.

RCMP say they conducted raids at two homes in the spring of 2015 related to the alleged sale of heroin in the Fraser Valley community.

Police seized various drugs, including hundreds of pills containing MDMA, firearms, rifles, bear spray, a conducted energy weapon and cash. THE CANADIAN PRESS



Coun. Geoff Meggs had tabled notice of a motion asking city staff to look into the impact of self-driving vehicles and how to maximize the benefits for Vancouver. KAREN BLEIER/AFP/GETTY IMAGES

# Councillor told to curb enthusiasm

TECHNOLOGY

## Driverless cars for province to worry about, says minister

Thandi Fletcher  
Metro | Vancouver

British Columbia's Transportation Minister Todd Stone is putting the brakes on a Vancouver councillor's plan to look into the impact of driverless cars.

While he's "keenly interested" in understanding more about autonomous cars, Stone said the City of Vancouver doesn't have regulatory authority over allowing the vehicles on its roads.

"That's a provincial responsibility to a large extent, and safety standards, there's a significant federal role," Stone told

reporters Friday. "We'll certainly be happy to talk to the City of Vancouver and understand their thinking on this and where they potentially would like to go."

Stone's comments come a day after Coun. Geoff Meggs tabled notice of a motion slated for next Tuesday's council meeting asking city staff to look into the impact of self-driving vehicles and how to maximize the benefits of the technology for Vancouver and the city's economy.

Meggs told Metro on Thursday he wanted to introduce the motion because he realized the city's transportation 2040 plan, which was adopted only four years ago, was at risk of becoming "obsolete" before it even began because it failed to address innovative technology.

While he acknowledged there are many concerns, including safety and privacy risks, Meggs said he drafted the motion to ensure Vancouver would drive

### + TEST DRIVES

Driverless cars are already being road tested in Ontario, the United Kingdom, France, Zurich and some U.S. states.

the discussion and not let the possible economic benefits of the technology pass it by.

Stone agreed that driverless cars could appear on B.C. roads one day but emphasized the province is not about to volunteer to test drive the vehicles.

"Our preference at the moment in British Columbia is to stand pat and just keep a close eye on these other jurisdictions," he said. "There probably will come a day where driverless vehicles will be on roads across North America. For us, safety will be the most important consideration."

CRIME

## 'Smiling bandit' caught: Police

A man accused of robbing several banks in Vancouver and Burnaby, often with a big grin on his face, likely isn't smiling now.

Police say the "smiling bandit" believed to be responsible for robbing 10 banks in recent weeks was arrested Thursday while attempting to rob another bank.

The suspect was arrested at the TD Bank on Kingsway near Marlborough Avenue in Burnaby around 8:30 p.m., police said.

The arrest comes a day after

police released surveillance photos and asked for the public's help. Sgt. Randy Fincham, spokesman for Vancouver police, said investigators received a number of tips.

"With advances in video technology, evidence collection and security measures at banks, it's not a matter of if you will get caught for robbing a bank, it's a matter of when," Fincham said.

Police did not yet identify the suspect. THANDI FLETCHER/METRO



Surveillance footage of a man accused of robbing 10 banks. COURTESY VANCOUVER POLICE

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# A eulogy for four-legged friends

The death of a Calgary Zoo otter has sparked a conversation about the safety of animals across the country. Here, Metro remembers some of the better-known critters that have died in recent years — some naturally, others not. Yet they all have one thing in common: They were beloved by their communities. **METRO**



## HALIFAX TUXEDO STAN

This friendly feline captivated the nation and, indeed, the world when he ran for mayor in 2012. Saddened by Halifax's feral-cat problems, Tuxedo Stan spearheaded the Tuxedo Party movement and ran for office to draw attention to the issue. While Stan did not win, in Stan's name, city council provided a \$40,000 grant to the local SPCA. While Stan won this fight, he sadly lost against cancer in 2013.



## OTTAWA BIG BOY

You might think of wild boars as a scourge on farmers and fearsome to residents. But Big Boy, as this particular wild boar was known, was a domesticated pet and much beloved by his owner Donna Lampron. Big Boy was shot when he wandered onto the property of Thomas Blair, a resident in Moose Creek, just outside Ottawa. However, Blair didn't know the boar was a pet and felt he was justified in his actions.



## TORONTO WHITE SQUIRREL

Many headlines have been written about Toronto's white squirrels — friendly residents among the trees of the Trinity Bellwoods neighbourhood. So loved are the squirrels that they have their own Twitter account, @WhiteSquirrelTO, and inspired White Squirrel Café. So the shock of seeing a white squirrel dangling from a hydro power cord, dead from apparent electrocution, echoed across the city, breaking the hearts of many.



## WINNIPEG BAIKAL

An Amur tiger, Baikal, who lived in Assiniboine Park Zoo, died after it was attacked by a younger male tiger. Baikal had wandered into an enclosure where two youngsters were being housed. The zoo said a gate connecting the two enclosures had been mistakenly left unlocked, which allowed Baikal to get in.



## CALGARY LOGAN

In a tragic tale, Logan the Otter, who lived in the Calgary Zoo, drowned last week after becoming entangled in a pair of pants left in his pool. This was chalked up to "human error," but many people are lashing out at the zoo, saying it's not the first time such incidents have happened.



## VANCOUVER WALLY

Wally the sea otter was found suffering on the shores of Tofino, B.C. It was discovered that Wally was blind and suffering from gunshot wounds, so veterinarians amputated part of his flipper and cared for his injuries. Wally went on to win the hearts of Vancouver Aquarium's staff and visitors. The aquarium says Wally's last years were happy, but his health began to deteriorate in the spring. He died shortly after.

## FAR NORTH

# Satellite scare highlights symbiosis



**METRO'S ARCTIC ADVENTURE**  
**Braeden Jones**  
Metro | Winnipeg

Rumour has it there's a downed satellite near Resolute Bay.

The community of fewer than 250 is a place where information spreads fast. And a few weeks back, the word on the snow-covered street was the military would be up to collect pieces of a satellite that crashed.

The military presence was no surprise because the Arctic Training Centre is just a short snowmobile ride from Resolute. But squadrons running around the area looking for scrap is troubling for the hamlet's inhabitants, who rely on hunting those lands.

Philip Manik Sr., chairman of the Hunters and Trappers Association in Resolute, said hunters "not only hunt for themselves" but also share their bounty out of necessity.

"In our culture, if you have food you give it to people who can't hunt," Manik said. "Women without husbands, elderly people, and these days people who are without jobs



**Phillip Manik Sr. said hunters "not only hunt for themselves" but also share their bounty out of necessity.** BRAEDEN JONES/METRO

who are getting older."

Resolute senior administrative officer Angela Idlout said the hamlet normally has about 35 employees but there are about 80 students in the community and a lot of the other people don't work.

"They can't always afford to buy food, so they go get it," Idlout said.

Groceries are flown in and expensive. A can of beans is

\$9.99 in Resolute. Many residents are unemployed and cannot afford to buy at a store.

Hunting is essential food-gathering for the community. So the rumour about the satellite made it to people who would seek answers, including local wildlife officers, RCMP, the hamlet office and Manik.

Manik was at a meeting last week at which the military's liaison officer, Lt. Navy Clayton



**In our culture, if you have food you give it to people who can't hunt.**

Phillip Manik Sr.

Erickson, clarified the rumour was just that.

"It's a story," Erickson said, a narrative for soldiers engaged in a training exercise.

Through a translator, Manik asked Erickson to pass on the tip that soldiers should not only avoid hunting areas and animals but also "the hunters themselves." Someone alone on the ice may look stranded but is more likely standing over a seal hole.

Erickson agreed.

He emphasized that living symbiotically alongside Canada's Arctic inhabitants and respecting their way of life is always the priority.

"We want to make sure everyone is on the same page and everyone is happy," he said. "If there are any concerns, I can bring that back so we can potentially change our plans if need be."

## AVIATION

# Possibilities for drones endless

A smile breaks out across Wyatt Travis's face as the machine tilts slightly and whirrs upward, a continuous buzz echoing from the four dizzying propellers.

It's Travis's first time flying a drone and he couldn't be happier.

"It was incredible," he says after landing the 1.28-kilogram machine. "It was a lot easier than I thought. And a lot of fun."

Once considered the stuff of sci-fi movies, pilot-less flying machines are booming both recreationally and commercially as tech enthusiasts and industries explore their capabilities.

"You have to have your head on a swivel these days because it's advancing so fast and the technology is changing so quickly,"

says Declan Sweeney, co-founder of Metro Vancouver's first-ever Drone Fair, held in Burnaby this weekend.

Sweeney has been working with drones for nearly 15 years and says when he started, most people flying unmanned aerial vehicles wore military uniforms.

Amazon has plans to use the flying machines to deliver packages, and companies across Canada are already using drones to survey land, monitor wildlife, help rescue operations and more.

Schools are also beginning to educate people about the machines. The British Columbia Institute of Technology (BCIT) will launch a course this April.

THE CANADIAN PRESS



**A drone is used to document a roof raising during the renovations at BMO Field.** MICHELLE SIU/THE CANADIAN PRESS

# Leave EU: London mayor

POLITICS

## Boris Johnson challenges PM, wants U.K. to abandon bloc

A new battle for Britain erupted Sunday, with London Mayor Boris Johnson saying he would join the campaign to encourage Britain to leave the European Union. The move posed a direct challenge to Prime Minister David Cameron, who has launched a major push to keep his country within the 28-nation bloc.

The popular, raffish Johnson immediately becomes the most prominent Conservative Party politician to break ranks with fellow Conservative Cameron's vision of the best course for Britain in a June 23 referendum on EU membership.

The referendum has divided Cameron's Conservative Party — while most in his cabinet back his wish to stay, several cabinet members oppose his stance and are campaigning for the country to break free of EU bureaucracy — a so-called "Brexit."



London Mayor Boris Johnson says he would support a vote for Britain to leave the EU in a referendum in June, dealing a blow to Prime Minister David Cameron. NIKLAS HALLE/N/APP/GETTY IMAGES

The decision of Johnson, a two-term mayor who has been touted as a possible future prime minister, deals a blow to Cameron's hopes of a united front ahead of what is expected to be a hard-fought referendum.

"The last thing I wanted was to go against David Cameron or the government, but after a great deal of heartache I don't think

there is anything else I can do," Johnson told reporters outside his London home.

So far, no country has ever left the EU, and several European countries outside the bloc are still working to reform their economies and governance systems so they can join.

Cameron made a firm commitment three years ago to give

voters a simple "in or out" referendum if he was re-elected in 2015. He was acting to quell divisions within his own party, which has long had a strong vein of anti-Europe sentiment.

Johnson's decision was not a complete surprise because the 51-year-old former journalist has for several decades criticized the growing EU bureaucracy, first in

**The last thing I wanted was to go against David Cameron.**

Mayor Boris Johnson

his newspaper and magazine columns and later from Parliament and city hall.

Striking likely campaign themes, Johnson criticized EU courts for taking too active a role in British affairs and said the entire European project was in danger of spinning out of "proper democratic control."

The mayor was immediately praised by one of the leaders of the "leave" campaign who have been searching for a charismatic figure with mainstream appeal.

The prime minister also cautioned that if Britain pulls out, it would take years to negotiate such a deal, since it also needs to make sure that British companies still have access to European markets.

Cameron plans to go to Parliament on Monday to formally set in motion the June 23 referendum. THE ASSOCIATED PRESS

UNITED STATES

## Snowden willing to face justice

Speaking via Skype from Russia, Edward Snowden told an audience of supporters in New Hampshire on Saturday that he is willing to be extradited to the United States if the federal government would guarantee he would get a fair trial.



Edward Snowden THE ASSOCIATED PRESS

The former National Security Agency contractor in 2013 leaked details of a secret government eavesdropping program and left the country. He faces U.S. charges that could land him in prison for up to 30 years.

Snowden has offered to return home and discuss a plea deal and even go to jail.

His revelations about the NSA, Britain's GCHQ and other intelligence agencies set off an international debate about spies' powers to monitor personal communications.

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# Providing families the 'time to grieve'

## DEATH

### Seminars teach skills to perform funerals at home

It's only because Deborah Magdee happened to overhear a radio show two years ago that she left her mother's dead body at home for five days.

The radio segment introduced the Vancouverite to home funerals, where family and friends assume the role of a mortician rather than relying on a morgue. Proponents say it's a cheaper, more intimate experience that can help loved ones grieve.

At the time, Deborah cared for her mother Elizabeth — or Baba to the Ukrainian-heritage family. Deborah knew her mom, who suffered from dementia, could die soon.

The more Deborah listened to how the funeral industry handled corpses, the more she wanted to explore the possibility of a home funeral.

"How can I just let these strangers come and take her away and put her in a morgue?" she recalls thinking. "I do not want anybody touching my mom like that."

She turned to Google and found a burgeoning industry. More than 50 home funeral directors work in North America, according to the National Home Funeral Alliance, including Pashita MaryMoon, a death midwife in Victoria.

MaryMoon, who co-founded the Canadian Integrative Network for Death Education and Alternatives, said much of her work is educating people about do-it-yourself funerals.

"It's an old, ancient, forever process that we lost in the 20th

century," she said.

MaryMoon helps people navigate the paperwork required when someone dies and teaches home-funeral workshops to go over the logistics of the service.

"I don't have any issues around being with dead bodies," she said. "It's really not that different than caring for a live person."

Deborah attended one of MaryMoon's workshops in August 2014 and then convinced her family to help plan a home funeral for Elizabeth, who died the following March at 86.

Deborah and the family lit candles and played music, leaving Elizabeth's body in her room where they could sit with her and reflect.

"You have time to grieve," Deborah said. "You can go there by yourself at two in the morning and cry or talk to the person."

Friends and family visited for a celebration of life, where they decorated Elizabeth's casket, covering it with photos and messages of love. THE CANADIAN PRESS



Deborah Magdee holds photographs of her deceased mother Elizabeth at her home in Vancouver, B.C. JONATHAN HAYWARD/THE CANADIAN PRESS

**“You can go there by yourself at two in the morning and cry or talk to the person. Deborah Magdee**

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## SMARTPHONES

### Samsung, LG boast better cameras, VR

To revive interest in smartphones, Samsung and LG are improving their cameras and embracing the nascent world of virtual reality.

Samsung's new flagship phones — the Galaxy S7 and S7 Edge — promise better photos under low-light conditions, in part with sensors that capture more light. The main camera on LG's upcoming G5 smartphone will have two lenses — one for stan-

dard shots and another with a wider angle so you can capture more of what's in front of you without having to step back.

Both smartphones will also release camera-related accessories, complemented by the capacity to take virtual-reality images.

The new phones will start shipping March 11, with advance orders to begin this week. THE ASSOCIATED PRESS

## IN BRIEF

### Notley calls on federal government for help

With Ottawa considering aid for Bombardier, Alberta Premier Rachel Notley is calling for more support in Alberta. THE CANADIAN PRESS

### Demonstrations planned in 30 cities to support Apple

Protesters are preparing to rally in more than 30 cities to lash out at a court order requiring Apple to unlock an encrypted iPhone used by a gunman in a California shooting in December. THE ASSOCIATED PRESS

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## ROSEMARY WESTWOOD

metroview

### The question at the end of Lent should not be 'Did I win?'

It's been almost two weeks.

Fourteen of 40 days of Lent. And I'm not sure I've changed. Yet.

I'm not drinking — a classic Catholic answer to the call to fast or do good deeds between Ash Wednesday and Easter, in order to prepare our hearts for Jesus' resurrection. But, this year, going alcohol-free feels more like a money-saving endurance test than a true Lenten effort.

Like many, I'd been seeing Lent as a kind of extreme sport: How long can I go without X? According to Google, Catholics are giving up meat in Ohio, sex in California, fried food in Kentucky, and Facebook in Oregon.

Each year, I've given up booze and figured I was being observant.

I was not.

In church on Ash Wednesday, the priest told us that he understands the desire to swear things off wholesale: He did it himself when he was child (no candy). But Lent isn't a test, he said; it's an opportunity. It's not about feats of abstinence — it's about feats of growth.

The question, at the end of it all, shouldn't be: Did I pass? Or did I win?

"The questions is, 'Have I changed?'" the priest said.

It is odd, or perhaps fitting, that Lent comes soon after the new year, a month

and a half after most of us have taken stock of our lives and ourselves. Anyone religious should be pretty well situated, after all that introspective angst, to pinpoint the holes in their faith.

So, as a Catholic who rarely prays, I've decided to do it daily. I'm trying to say prayers that are hopeful, joyful, expansive (instead of the ones about how I'm sinning all the time). I'm focusing on relationships I find difficult. I'm trying to choose, in little ways, to help other people.

So far, I'd give myself a solid C+.

Which isn't so bad. Being more loving, more giving — that is never going to be easy. It takes a lot more energy and honesty than forfeiting a beer.

Ultimately, faith is supposed to bring happiness, joy, contentment. Richard Rohr, the Franciscan friar, wrote "Lent is just magnified and intensified life." Which makes this practice, this effort for change, one that anyone could, theoretically, adopt.

Not that I'm telling you what to do. And not that I'm judging other Catholics. (That wouldn't be very Christian.) And while I'm OK with my current C+, I'm type-A competitive. Though I've set goals I can't definitively win or lose, I couldn't be more desperate for change. Even a tiny, little bit.

## THE BIG THING: ETHIOPIAN FAMINE, AGAIN

In the mid-1980s, the alarm about the devastating famine in Ethiopia was raised with the boom of bass guitars at LiveAid. This time around, we've barely heard a whimper (yet), though the current drought is much worse. **The El Niño climate has made this Ethiopia's driest season in 50 years, putting 10 million people's lives at risk** — equivalent to almost the entire pre-war population of Syria, whose crisis has garnered far more international attention. There's overwhelming need for action, and fast, but the East African nation is in a far better position to handle the challenge now than 30 years ago, when famine and concurrent political instability killed about half a million people and left scars that can still be seen today.

### 1 Cost of crisis

The trauma of Ethiopia's 1980s food crisis can be plainly seen on the bodies of the young adults who were 12 to 36 months old during the height of the devastation. They're profoundly stunted: an average of 5 centimetres shorter than their older peers who did not suffer starvation in the early years of life. And those are the children who were born at all — research shows a noticeable, years-long dip in fertility among married Ethiopian couples who lived through the famine. SOURCES: DEMOGRAPHY, JOURNAL OF THE EUROPEAN ECONOMIC ASSOCIATION

### 2 Pace of progress

Ethiopia is one of the fastest-growing economies in the world. A more urban population means comparatively fewer people are relying directly on crops to survive. Food aid is being imported into neighbouring Djibouti and delivered to hard-hit areas of Ethiopia via a new, Chinese-built electric railway. Finally, technologies that didn't exist in the 1980s may lessen the impact of this once-in-a-lifetime drought. An example is an Ethiopian-made enriched peanut paste that is cheap, tasty, keeps well and can help prevent malnutrition in children. SOURCE: BBC

### 3 Time is ticking

The Ethiopian government now has functioning "strategic grain reserves," including this depot in Adama (pictured). However, the charity Save the Children Ethiopia says unless \$245 million is pledged by foreign donors before the end of February, the country will suffer a "break in the food aid pipeline."

COLIN COSIER/AFP/GETTY IMAGES

# Baby steps to fix home prices? I'm not sold.

## CAPITAL IDEA

Kate Webb



Would the politicians who are ready, right now, to roll up their sleeves and tackle the problem of Metro Vancouver's real estate affordability crisis please stand up?

The sad fact is there aren't any leaders in B.C. who are both ready and willing to deal with it, which leaves a lot of millennials and other regular, non-mega-rich folks feeling pretty uninspired about who to support in the next provincial election.

The "solutions" the Liberals put forward in last week's budget fall laughably short. They promised to start collecting data on foreign ownership — though it is unclear whether their methods will have loopholes — and bring in a full exemption from the

property-transfer tax on newly constructed homes up to \$750,000. Oh, and build 2,000 units of new affordable housing — a drop in the bucket for Metro Vancouver's house-hungry masses.

But the NDP is just as hesitant to propose more drastic policies like those used in other white-hot markets, such as Singapore, Hong Kong and Australia.

Reached after the budget announcements last week, NDP Housing Critic David Eby said the Opposition is in the midst of intense internal debates over what potential remedies to include in their 2017 platform. It's a tactical nightmare, I'm sure, given the Liberals are ready to scream bloody murder over anything that could threaten the home values of those who recently bought property and are now mortgaged to the hilt.

"What would the correction (have to) be (for housing

to) become affordable?" Eby asked. "I mean, really, 30 or 40 per cent, and that is a pretty devastating blow for a lot of people who, if you look at the debt figures for Vancouver, are highly, highly leveraged... so I would have a really hard time supporting that."

There are only three possible ways to address this crisis: Prices could come down, wages could go up or governments could subsidize more affordable ownership options, such as government-owned leaseholds (where you own the home but not the land it's on).

Eby likes — but stops short of necessarily supporting — what he sees in Singapore: a 15 per cent tax on purchases by non-residents, combined with plenty of subsidized housing for working-class people and a seven-per-cent tax on anyone buying a second home. But he says the NDP needs more time to study policies used around the world before

the party can say how it would address the problem if it were to win power.

I want to see the opposition get familiar sooner than later with all the solutions, and put forward a concrete vision ASAP on how to reverse the trend. Waiting until just before the election is a surefire way to leave voters confused and susceptible to last-minute fear-mongering by the Liberals.

But enough of this blame-the-politicians stuff, which gets tired. If you want to see major changes, like those recently implemented in other unaffordable cities around the world, email NDP Housing Critic David Eby at david.eby.mla@leg.bc.ca, and Liberal Housing Minister Rich Coleman at Rich.Coleman@leg.bc.ca.

Kate Webb is an unapologetic muckraker and political junkie who lives and writes in Vancouver.

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# How much money do I need?

## NEST EGG

### Be calculating with your retirement savings

**Michelle Williams**

A generation ago, planning for your retirement meant saving whatever money you could. Then, when you turned 65, you'd live on your savings. There was very little accounting for lifestyle and what your dream for retirement might look like.

"We've heard many different rules of thumb about what the right number is for a successful retirement," says Jake Lockhart, a certified financial planner with Investment Planning Counsel and Lakeside Financial Planning in Kelowna, B.C. "A million dollars is a popular one. Another number you hear bandied around is 70 per cent of your pre-retirement income. Fact is, there's no magic number that suits everyone."

#### Surrounded by choice

"We have so many choices today when it comes to discretionary spending in our globalized world," says Serena Cheng, director of wealth management and investment advisor with Richardson GMP in Toronto. "We also have such varied interests. Is it import-



The lifestyle you want to lead once you retire will determine how much money you will need to save. ISTOCK

ant for you to eat out? Do you love to travel? Are you a serial shopper? We've never had the choices we have today."

For this reason, both Lockhart and Cheng agree that the first step to determining what you'll need for your retirement is to identify your lifestyle priorities.

"In our process, we ask cli-

ents to spend time analyzing the life they envision for themselves in retirement," says Lockhart. "Every detail is important, from things like whether you plan to downsize from your family home to whether you'll have to travel to visit your family out of the province."

"Once you determine that,"

says Cheng, "you have to figure out how much money you need to put away to allow for this lifestyle. If you're unsure, give yourself the flexibility of a bandwidth so you have a range."

"You also factor in cost of living — I use three per cent per year to be on the safe side. You don't know how long you'll live, but you have to plan out

to 95 years plus because people are living longer."

#### Get organized

"You have to make reasonable assumptions about the return on your assets pre- and post-retirement," says Lockhart. "Before you retire, organize your affairs so you're insulated should your investments suf-

fer due to an economic downturn, which can be especially catastrophic early in your retirement. This could mean a shift in your investment strategy and possibly the assumed post-retirement rate of return."

A common strategy is to first determine your goal (e.g., to retire at 55), then see if you have the financial resources and strategy to support that.

"We start with what your dreams are for retirement and project what it will cost. Then we look at current saving strategies and assets to see if you're on track," says Lockhart. "If there's a financial shortfall, you have to consider different options: maybe it's adjusting your lifestyle today to save more for retirement, working a few years longer or changing the style of your retirement."

#### Crunching the numbers

If you're thinking this sounds pretty complicated, you're right. It's not enough to do a spreadsheet of your expenses for your optimum retirement lifestyle and try to assess how much that will cost. It's a mathematical quagmire that's extremely complex for most investors to wade through, even with savvy online calculators.

"I'm not going to say you can't figure it out yourself," says Cheng, "but financial planners are equipped to ask the right questions and do the calculations to thoroughly project what you'll need so you're not left short — with too little, too late."

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Will Annick and Yolanda's financial goals be met? **Metro's finance guru Lesley-Anne Scorgie** has only two months left to tackle the women's largest financial burdens and teach them to allocate resources.

## Prioritizing debt repayment



**LESLEY-ANNE SCORGIE**  
metromoney

**THE CHALLENGE:** We've been following two young women as they get serious about making progress on their money. They have 12 weeks to crush their debt, start saving for the future and break bad spending habits. Can financial guru Lesley-Anne Scorgie turn the financial tides for these ladies?

**THIS WEEK:** Where do you turn when you're in a financial pinch? For so many it's friends and family first, then traditional forms of credit such as consolidation loans or credit cards. Annick has laid her financial cards on the table and must choose which loans get paid off first.

**NEXT WEEK:** Yolanda wants to be a homeowner, which means she must save at least \$25,000 for a down payment plus closing costs. The big question is whether she should move back home or not. Every financial decision has a financial and emotional trade-off — both good and bad.

LESLEY-ANNE SCORGIE IS A BESTSELLING AUTHOR AND FOUNDER OF MEVEST, A MONEY COACHING SERVICE FOR CANADIANS. FOLLOW HER @LESLEYSCORGIE

### THE SITUATION

Annick owes money to friends and family not because of overspending, but rather she borrowed for the damage deposit on her Calgary apartment and to furnish it with the basics.

Like so many young Albertans, she'd hoped for a higher salary post-graduation, but landed in a rotten economy and was earning half what the recruitment officers in her energy management program said was the going rate for new graduates.

Within three months of full-time work, Annick confronted her finances and determined a second job would be necessary to afford the payments on her credit cards and other loans. She also started taking advantage of free city programs such as the theatre and discounts on transit for those with lower income.

Today she's putting \$1,125 per month towards her debt and is on track to eliminate her loans to friends and family by March 1. At this pace, Annick will be consumer-debt free (not including student loans) by July.

### THE LESSON

In my experience, borrowing money from friends and family causes anxiety and can cost you your relationship.

Imagine showing up at your mother's home in new kicks



Annick is putting over a thousand dollars a month against her debt to reach her goal of becoming consumer-debt free by July. JENNIFER FRIESEN

when you still owe her \$1,000. She'll be angry and dinner will taste awful.

Balances and interest aside, I recommend you prioritize repayments to friends and

family first, then move on to the next highest interest debt followed by the next. For example, pay your brother first, then Visa (18 per cent), then the line of credit (8 per cent),

then your personal loan (6 per cent), and on you go.

What's important for Annick is a reward at the end of this tunnel of debt. So she's decided that once July hits and

she has better cash flow, she'll save up to take an affordable trip to visit a friend in Miami later in the fall. We'll tackle the Canadian/U.S. exchange rate when the time comes.

### \$ MONEY

#### Annick's monthly budget

**The Budget:** Annick uses a budget to manage her monthly cash flow. It's straightforward. She tallies up her income and subtracts her expenses to get to her bottom line. Because she's on a mission to become debt free, any extra cash Annick has should go directly toward her debts.

|                                 |                |
|---------------------------------|----------------|
| <b>Income (take home)</b>       | <b>\$2,450</b> |
| <b>Expenses:</b>                |                |
| Rent                            | \$750          |
| Groceries                       | \$250          |
| Utilities, Internet & cellphone | \$125          |
| Entertainment & gifts           | \$125          |
| Personal care                   | \$75           |
| Visa                            | \$125          |
| MasterCard                      | \$50           |
| Student loans                   | \$150          |
| Other loans                     | \$800          |
| <b>Total Expenses</b>           | <b>\$2,450</b> |
| <b>Bottom Line</b>              | <b>\$0</b>     |

### MUSIC

## Experts weigh in on what weight loss can do to a singer's voice

The writing on Sam Smith's wall, at least on his Facebook wall, says "What happened?"

Fans and followers of the 23-year-old Stay With Me singer have been posting their shocked reactions to his dramatic weight loss, which Smith told the Today show in September amounted to close to 50 pounds. His diet has only accelerated ahead of the Feb. 28 Oscars, where he is expected to perform his nominated Bond theme Writing's on the Wall.

Adele, as well, showed off a



Sam Smith in February 2015, left, and at the Grammys in February 2016. GETTY IMAGES

slimmer figure on last week's Grammy red carpet. In a cover story for March's Vogue, she says she's quit smoking, cut

back on alcohol and reduced her sugar intake to prep for her upcoming tour.

But are pounds all that these big-voiced balladeers are losing? Could they also be losing their vocal fireworks in the bargain?

The classical world has long held that a commanding physical presence and force-of-nature vocals are linked, dating back to at least the 19th century. In those days, Richard Wagner's epic operas cast booming-voiced, large-framed sopranos and tenors,

inspiring the phrase "It ain't over till the fat lady sings."

But Marshall Pynkoski, founder of Toronto opera company Opera Atelier, says the size of the Viking had little to do with the force of her voice.

"In the 19th century, voluptuous women were very much in style," he says. "It's like people saying dancers have to be skinny. Well it's because we've gone through several generations of seeing ballerinas being thinner and thinner and thinner."

"In pop singers, I don't think it's going to make a difference, except for a positive one," says Dr. John Hands, a laryngologist and voice-care consultant for theatre companies including the Canadian Opera Company, Mirvish Productions and the Stratford Festival.

"They have 20 or 30 pounds that sit on their abdomen and they're going to walk around and carry it," Hands says. "Would I be happier not carrying that weight? I would."

"Voice power has everything to do with your skeletal structure, the structure within your head, your rib cage, your lung capacity," says Pynkoski. "But size does not equal vocal power. It's about being in great physical shape so that the muscles in your body are going to respond in such a way that they are going to support your vocal technique."

In other words, get ready for the impossible: Sam Smith sounding better than ever.

TORSTAR NEWS SERVICE

# Before you tie the knot

PLANNING TO GET MARRIED?

## 12 things to do ahead of saying your I dos

**Gail Vaz-Oxlade**  
For Metro Canada



**1. Talk about the money.** Communication is Job One in the survival of any relationship. If you truly plan to share a life, bare your financial soul to your partner and insist your buddy tell you everything.

**2. Create a budget.** You need to be on the same page about where the money should be going. Then it's easy to decide what to buy and when. You simply ask, "Where does this fit in the budget?" Work together to make room, cutting a little of her golfing and his beer-with-the-boys to come up with the money.

**3. Don't put one guy in charge.** When one mate is excluded or totally abdicates responsibility, things can get messy. Your partner might sail your love-boat onto a reef or grow resentful at always having to do the job. You should each feel involved in the big financial decisions and understand the day-to-day details.

**4. Face up to your debt.** If you can't be debt free when you hook up, at the very least you should have a plan for getting there. Never sign for each other's debt. If your buddy needs help to pay off the debt, do it without putting your name on the paperwork.

**5. Talk about your dreams and your goals.** Whether you want to own your own home, start a family or go into business for yourself, you need to break your goal down into manageable steps.

**6. Build in some fun money.** Consider allotting each partner weekly or monthly fun money that can be used for anything that body desires.

**7. Plan for emergencies.** Without a stash of cash at the ready to deal with whatever life throws at you, you won't have the means to cope. Have enough cash available to cover six months' worth of essential living expenses.

**8. Maintain your financial independence.** That idea of independence makes some people want to duck and hide behind words like love, trust, honour and team. But independence doesn't negate any of those things. It enhances them because each and every day



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you're choosing to be together. Keep your own financial ID by having your own credit history and savings.

**9. Talk to your HR department.** Reassess what's available to you now that you're a family. Update your beneficiary designations for your insurance policies and retirement accounts.

**10. Check your insurance.** Marriage indicates "stability" and can have a positive effect on your auto insurance rates. Combine all your insurance with one carrier and you'll pay less.

**11. Make new wills and powers of attorney.** Your spouse doesn't have the right to speak for you unless you give him/her that right. And your old will is defunct when you tie the knot unless you made it in contemplation of the marriage.

**12. Don't sweat the small stuff.** Marriage is tough enough. Don't spend your relationship getting your britches in a knot over every little thing. If the small stuff adds up to big problems, it's usually because you aren't on the same page when it comes to your priorities. Get talking!

For more money advice, visit Gail's website at [gailvazoxlade.com](http://gailvazoxlade.com)

### SHORT-TERM MARRIAGE CONTRACTS

## Putting wedded bliss on a new — shorter — lease

In 1509, a teenage English king tied the knot with a young lady named Catherine. Things went downhill from there.

There were affairs, beheadings and a grand total of six wives for Henry VIII who — amid the chaos of his love life — started a new church, packed on the pounds, then kicked the bucket at the age of 55.

The portly king could have avoided the whole mess with a wedding lease, perhaps.

According to some legal and economic experts, short-term marriage contracts should be another option for couples, alongside traditional lifelong marriage. Divorce rates are rising, they argue, so why not make splitting up a little easier?

"When you have this short-term marriage, you get a fresh start again," says France-based economist Stefania Marcassa, who has written about the economics of short-term marriage contracts. It's an area that has surprisingly received little interest so far, she says.

But throughout history, people have tossed around similar concepts. British philosopher Jeremy Bentham wrote about short-term marriages in the late 1700s, and politicians in a few regions — including Germany and Mexico City — have proposed short-term marriages, for two years and seven years, respectively.

"My view is that, economically, it would make sense to have other forms of marriage contracts," says Marcassa, an assistant professor of economics at Université de Cergy-Pontoise.

"In many countries, the cost of divorce is pretty high," Marcassa continues, adding, "Why do you have to waste money, if you can just decide to write it up before you get married?"

In Canada, around 70,000 people get divorced every year, according to the latest Statistics Canada data.

So how would a "wedlease" work? Two people commit themselves to a set time period for their marriage, Rampell explains. Maybe it's one year, five years, 10 years — whatever works. They could renew the lease at the end of the term as many times as they want, or if it goes sour, there's a clean split.

Véronique Laliberté, a notary in Gatineau, Que., wrote about a similar concept while doing her master's degree in law. At the end of a short-term marriage contract, she says couples could have three options.

"One would be a marriage for life, like it is right now," she says. "The second one is to do a new contract for another five years. And the third option is to get divorced (based on) what you put into your contract at the beginning."

Laliberté hopes short-term contracts will one day be a real option in Canada, since so many people are scared of, or don't fully understand, the notion of a lifelong marriage.

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Henry VIII and his first wife Catherine of Aragon. HANDOUT

### + LOVE IDEALIZED

#### Minimizing mess unlikely

"The thing about relationships is a lot of logic goes out the window when your heart's involved," says Irene Oudyk-Suk, a couples and sex therapist in Toronto.

"If you're with somebody for five or 10 years, you're going to run into problems that no contract is going to help you through. You're going to have to use your heart."

# Raising kids: It's not all about piano lessons

## CHORES

### Kids who don't help at home are ill-prepared adults: Author

Psst. There's an untapped resource in your household and it's hidden inside your kids.

Yes, beneath that veil of feigned incompetence, and even in spite of their wide portfolios of extra-curricular activities, your kids can — and should — be doing more work around the house.

"Parents really underestimate what their children can do," says Melinda Blau, author of numerous parenting books, the latest of which is *Family Whispering: The Baby Whisperer's Commonsense Strategies for Communicating and Connecting with the People you Love and Making Your Whole Family Stronger*.

Even though we may well remember mowing the lawn by age 9 and making meals by 11, today's time-pressed parents tend to be more concerned with marshalling their kids through homework, lessons and activities.

But this not only creates an imbalance in the household responsibilities that fall to the grownups, it also robs our kids of the most important knowledge we can pass on.

"The one thing people don't do is tell kids how to run a household, and that's the one thing they're all going to have to do in their lives," says Blau, a Northampton, Mass.-based writer.

"It's the most important



Give kids a role instead of assigning chores. ALL PHOTOS ISTOCK

life skill. How do you do laundry? How does food get on the table? How does the floor stay clean?"

When all we ever ask of the kids is to do their homework and practise the piano, we end up making domestic duties kind of invisible to our kids — and establishing a precedent that it's the parents' job to take care of everything else. It's no wonder then that so many of them leave for university with little clue how to look after themselves.

Blau suggests we shift our

focus away from the parent-child relationship and instead put an emphasis on the family as a whole, involving the kids in all aspects of family life. This creates an investment in the well-being of the family unit, she says.

Rather than presenting domestic responsibilities as chores, we should instead talk about roles.

The problem with chores is that we greet those with an "assignment mentality," says Blau. "It's far better that kids step into a role than parents assign chores."

"Every house needs a vacuumer, a cook, a sweeper, a pet feeder as well as a sous chef," says Blau.

She advocates discussing these roles at frequent family "check-ins" — a term she

prefers to the more ominous sounding "family meeting."

"You make them aware of all these things and that, since we're all part of the family, we're all going to do those jobs."

Then based on age and interest, the family decides together

who will fill each role.

Let's say a child needs a reminder to take care of something that's become their duty — like feed the cat, for instance. "Instead of saying, 'Hey, you didn't do your chore,' you say, 'Puffy looks hungry.'"

You give them the chance

not to be wrong.

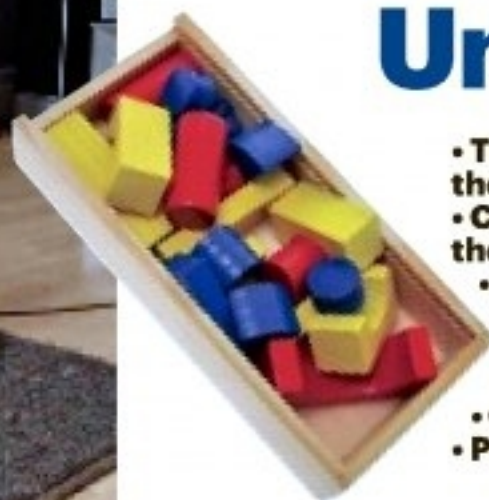
"All of the jobs that are required in a household are things that kids can do to varying degrees if we let them try. We wait until they're teenagers and then we're upset because they're lazy."

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## BY AGE WHAT CHORES YOUR KIDS COULD BE DOING TO HELP OUT

### Under 3

- Throw dirty clothes into the hamper
- Carry light bags in from the car
- Do simple cooking tasks like sprinkling or mixing pre-measured ingredients
- Clean small spills
- Pick up toys



### 3 to 5

- Sort dark and light wash
- Vacuum and dust furniture
- Set table and load dishwasher
- Spread butter on sandwiches
- Feed pets



### 5 to 7

- Use washer and dryer
- Fold and put away clothing
- Make own sandwich
- Peel vegetables
- Clean sink and bathtub



### 7 to 10

- Do own laundry
- Chop and slice food items
- Clean own bedroom thoroughly
- Wash patio
- Clean inside of car



**All of the jobs that are required in a household are things that kids can do to varying degrees if we let them try.**

Melinda Blau, author of *Family Whispering*



**JOHANNA SCHNELLER WHAT I'M WATCHING**

## Male friendship in dire straits

**THE SHOW:** *Mad Dogs*, Season 1, Episode 4 (Shomi/Amazon)  
**THE MOMENT:** *The Admission*

Four friends who've lost touch have reunited in Belize, at the luxe beachside villa of their mysterious friend Milo (Billy Zane). There's Joel, the bitter one (Ben Chaplin); Lex, the one in recovery (Michael Imperioli); Gus, the seemingly responsible one (Romany Malco); and Cobi, the screw-up (Steve Zahn). But this paradise is a sh—show: Milo is mixed up with drug lords and dirty cops. Now the four are holed up in the kitchen, facing death, while a long night passes.

"I didn't call your wife, she called me," Joel finally admits to Cobi. "I've known her longer than you have. She wanted to

sit down and talk."

Cobi sneers. "Don't insult me, Joel," he says. "Guys don't sit down and talk. Guys avoid all forms of discussion — unless we think there's going to be a f— at the end of it. Then we're all ears."

Between this, *Vinyl* and *Billions*, there are a lot of shouty dudes on TV all of a sudden, pounding their chests at one another. *Mad Dogs* is the most amped up: a thumping score, marauding assassins, carved-up corpses. But the mayhem turns out to be just an extreme back-drop against which to explore male friendship. The quartet share one thing: each feels like a loser. But not until the blood hits the fan do any of them own up to that. *Mad Dogs* takes the cliché about men —



Cast of *Mad Dogs*. CONTRIBUTED

that they won't discuss their feelings unless you put a gun to their heads — and makes it literal.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



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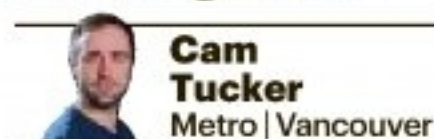
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# Canucks topple Avs, losing streak

NHL

**Miller helps Vancouver win for first time in five games**



**Cam Tucker**  
Metro | Vancouver

There was no way the Colorado Avalanche were scoring five goals. Not with the way Ryan Miller played for the Vancouver Canucks on Sunday.

The Canucks entered Sunday's contest against the Avalanche having lost four straight games — each by scores of 5-2. That's a National Hockey League record, according to Sportsnet, and not one the organization will fondly remember.

**SUNDAY in Vancouver**



Since Friday, the Canucks' recent and historic run of ineptitude had become a source of humour for some in the fan base, at least judging by the mockery on Twitter.

But a fifth straight defeat by that same exact score? No way. Not on Ryan Miller's watch.

The Canucks defeated the Avalanche 5-1 at Rogers Arena to snap a six-game home losing skid.



**The Canucks' Derek Dorsett levels the Avalanche's Gabriel Landeskog at Rogers Arena on Sunday night.** DARRYL DYCK/THE CANADIAN PRESS

Miller was brilliant, stopping 37 shots he faced.

He made several saves off prime scoring chances gifted to the Avalanche. He also had help from his post and crossbar.

His best save of the night came on Avalanche defence-

man Erik Johnson in the second period.

On a perfect setup in the slot, Johnson fired the puck only to have Miller kick out his right pad, making a spectacular toe save.

That maintained Vancouver's

two-goal lead at the time.

Radim Vrbata, the subject of constant trade speculation, scored on the power play to give Vancouver a 3-0 lead.

Jannik Hansen scored twice for Vancouver. He's up to 19 goals this season.

WHL

## Giants beat Blazers in Benson's return

The Vancouver Giants coughed up a three-goal lead before eventually regrouping to defeat the Kamloops Blazers 4-3 in the shootout on Sunday.

That caps off the weekend with two wins in three games for the Giants, after they split a home-and-home set on Friday and Saturday with the Kelowna Rockets.

Tyler Benson, a potential first-round pick in this year's NHL draft, returned to the Giants lineup for the first time since Dec. 30. He had been out for almost two months with a lower-body injury that also caused him to miss the CHL Top Prospects Game last month.

Benson recorded an assist in the first period of his return.

### **SCHEDULE**

The Giants are on the road to face the Seattle Thunderbirds on Tuesday.

The Giants marched out to a 3-0 lead, on goals from Trevor Cox, Chase Lang and Radovan

Bondra, before the Blazers started the comeback early in the second period.

After regulation and overtime failed to solve anything, Cox scored the lone goal in the shootout to lift the Giants to the win.

Giants goalie Jake Morrissey made 32 saves for the win.

CAM TUCKER/METRO

NASCAR

## Hamlin wins by a hair in Daytona 500

Joe Gibbs wanted another ring and Denny Hamlin got it for him in the closest Daytona 500 finish in history.

Hamlin raced to his first Daytona 500 victory Sunday, the first for Toyota, and the first in 23 years for Joe Gibbs Racing.

The three-time Super Bowl winning coach made it clear during Speedweeks that he wanted another Daytona 500 victory, and his drivers were clear on the task at hand. All four JGR cars pulled

the field in the closing laps with Matt Kenseth out front and leading Martin Truex Jr., a Toyota teammate.

Hamlin waited until one lap to go to pull out of line and hope to get a big enough shove to get to Kenseth.

Kenseth tried to block his teammate, Hamlin wedged his car between Kenseth and Truex, and raced Truex side-by-side to the checkered flag.

Kenseth faded to 14th.

THE ASSOCIATED PRESS

**0.010**

Hamlin's margin of victory in seconds.

WOMEN'S SOCCER

## U.S. beats Canada in final of qualifier

Lindsey Horan and Tobin Heath scored in the second half and the United States defeated Canada 2-0 Sunday in the final match at the CONCACAF Olympic qualifying tournament.

Both teams had already claimed the region's two spots in the Rio Olympics this summer with semifinal victories. Alex Morgan scored three goals in a 5-0 U.S. victory Friday over Trini-

dad and Tobago, while Christine Sinclair scored twice in Canada's 3-1 win over Costa Rica.

The United States has won the past three gold medals and four overall since women's soccer became an Olympic sport in 1996. Canada, the bronze medallists in the 2012 London Games, will be making its third straight trip to the Olympics.

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### **IN BRIEF**

#### **Chan rallies to top pair from China at Four Continents**

Three-time world champion Patrick Chan of Canada produced a personal-best score to win the Four Continents championship, edging China's Jin Boyang who became the first skater to complete four quadruple jumps in one free-skating program in international competition.

Chan, fifth after the short program, received 203.99 points in Sunday's free skate to finish with 290.21. China's Han Yan was third with 271.55.

THE ASSOCIATED PRESS

#### **Pelicans' Davis delivers night for ages in Michigan**

Few players have ever had the feeling Anthony Davis did Sunday.

The centre scored a franchise-record 59 points and pulled down 20 rebounds as the New Orleans Pelicans beat the Detroit Pistons 111-106.

"That was a lot of fun, because the rim looked so big that it felt like everything I shot was going to go in," Davis said. "I wasn't keeping track of my point total, but the guys were telling me at the timeouts. They wanted me to get 60."

THE ASSOCIATED PRESS

**Patrick Chan**  
GETTY IMAGES



## SOCCER — LA LIGA

## Ronaldo pays the penalty vs. Malaga

Cristiano Ronaldo scored a goal but missed a penalty as Real Madrid was held 1-1 at Malaga on Sunday to fall nine points behind Spanish league leader Barcelona.

Second-place Atletico Madrid could only manage a 0-0 draw against Villarreal and is eight points behind Barcelona, which is now in a strong position to retain its league title.

Ronaldo put the visitors in front with a header in the 33rd minute but missed a chance to increase the lead a couple of minutes later when his spot-kick was saved by Malaga goalkeeper Carlos Kameni. The hosts equalized through defender Raul Alcantara in the 66th. Madrid needed a victory to keep pace with Barcelona, after the Catalan side won 2-1 at Las Palmas on Saturday. Atletico Madrid also had to win, but Diego Simeone's team failed to break through Villarreal's



Madrid's Cristiano Ronaldo grimaces in pain in their draw with Malaga. GETTY IMAGES

defence at the Vicente Calderon Stadium. The draw extended Villarreal's 12-game unbeaten streak and kept the club in fourth place, five points behind Atletico Madrid.

THE ASSOCIATED PRESS

### IN BRIEF

#### Chelsea crushes Man City

Chelsea reached the quarter-finals of the FA Cup with a 5-1 victory against an undermanned Manchester City side on Sunday, while London rivals Crystal Palace and West Ham also advanced.

Palace defeated Tottenham 1-0, and West Ham came from behind to thrash second-tier Blackburn 5-1.

THE ASSOCIATED PRESS

#### Alberta perfect through three matches at Scotties

Alberta's Chelsea Carey went undefeated through the opening weekend of the Canadian women's curling championship with a 3-0 record.

The host province downed B.C.'s Karla Thompson 8-5 and beat Stacie Curtis of Newfoundland and Labrador 6-4 on Sunday.

THE CANADIAN PRESS

# 'I feel great': Dickey past knee surgery

### BLUE JAYS

## Knuckleballer ready for spring training with AL East champs

It was a sweetly innocent early spring scene that would never have been allowed at any other MLB training site.

The Yankees or Red Sox, for instance, where security is tighter than Donald Trump's ideal for the Mexican border.

Three middle-aged fans had become lost, navigating bicycles into the bullpen next to the Blue Jays clubhouse at the main stadium.

They pulled up to an open gate within metres of where pitcher R.A. Dickey was playing catch with coaches Pete Walker and Dane Johnson.

"One woman said I should throw more sliders," Dickey smiled. "I told her I threw the knuckleball. It's Sunday, and I think we're light on security today, but it's good."

Dickey had just undergone his physical earlier in the day in preparation for the first official day of pitchers and catchers on Monday morning.

The physical exam was different for the 42-year-old this year because of off-season meniscus surgery



Jays' manager John Gibbons, seen here surveying the field, is optimistic about the season ahead. FRANK GUNN/THE CANADIAN PRESS

on his right knee that changed his routine. The surgery came soon after the Game 6 loss to the Royals.

"For me personally, my off-season was more about trying to get to a little bit of a lighter weight and get my knee strong to be able to endure another 200-plus-inning season,"



R.A. Dickey  
GETTY IMAGES

Dickey said.

"It was a real blessing because I had to focus on getting my body right in a way that I really hadn't had to do in a long time, because I've always been pretty healthy. Just watching what I eat and really working on some big muscle things around my

# 39

There are 32 pitchers and seven catchers officially opening camp Monday at the Mattick Training Centre in Dunedin, Fla.

injury has helped. I feel great." The last time the Jays reported to camp as defending AL East champions it did not go particularly well.

That was 1994, following a second consecutive World Series crown.

The '94 Jays went 55-60, with the final 47 games and the post-season wiped out by a devastating owner-induced strike. There will be no strike this year, but making the post-season is never a given.

"We still came up short, but the first goal was to get to the playoffs since it had been so long," manager John Gibbons explained.

"Every year we were basically staring at that. We thought we could get there, we hoped we could get there but we didn't. I think it gives everyone the feeling that if we play good baseball we can do this. We got over that hump, now it's 'Let's go one step further.'"

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# RECIPE Carrot Soup



PHOTO: MAYA VISNEN

**Ceri Marsh & Laura Keogh**  
For Metro Canada

A rich and naturally sweet soup that will make you forget there are four more weeks until spring. Hey, there's only four more weeks!

**Ready in**  
Prep time: 10 minutes  
Total time: 40 minutes  
**Serves 4**

- Ingredients**
- 2 Tbsp of olive oil
  - 1 onion, chopped
  - 2 cloves garlic, minced
  - 1/2 inch of fresh ginger, minced
  - 1 tsp chili
  - 1/2 tsp cumin
  - 1/2 tsp cinnamon
  - 3 or 4 carrots, peeled and chopped (enough for about 3 cups)
  - 3 cups low sodium vegetable or chicken stock

- Juice of half a lemon (about 2 or 3 Tbsp)
- Plain yogurt to garnish

## Directions

1. Warm a glug or two of olive oil in a large pot or Dutch oven over medium heat.
2. Sauté onions, garlic and ginger for about 2 minutes. Stir in spices and cook for another minute or so. Add carrots and stir well until they are coated lightly in oil and spice. Add stock and increase the heat until it boils. Reduce and allow to simmer for about 20 minutes or until carrots are quite tender.
3. Purée in small batches until the soup is quite smooth. You may need to add a little water or stock to thin it if it's too thick. Stir in lemon juice. Taste and check seasoning.
4. Serve garnished with yogurt.

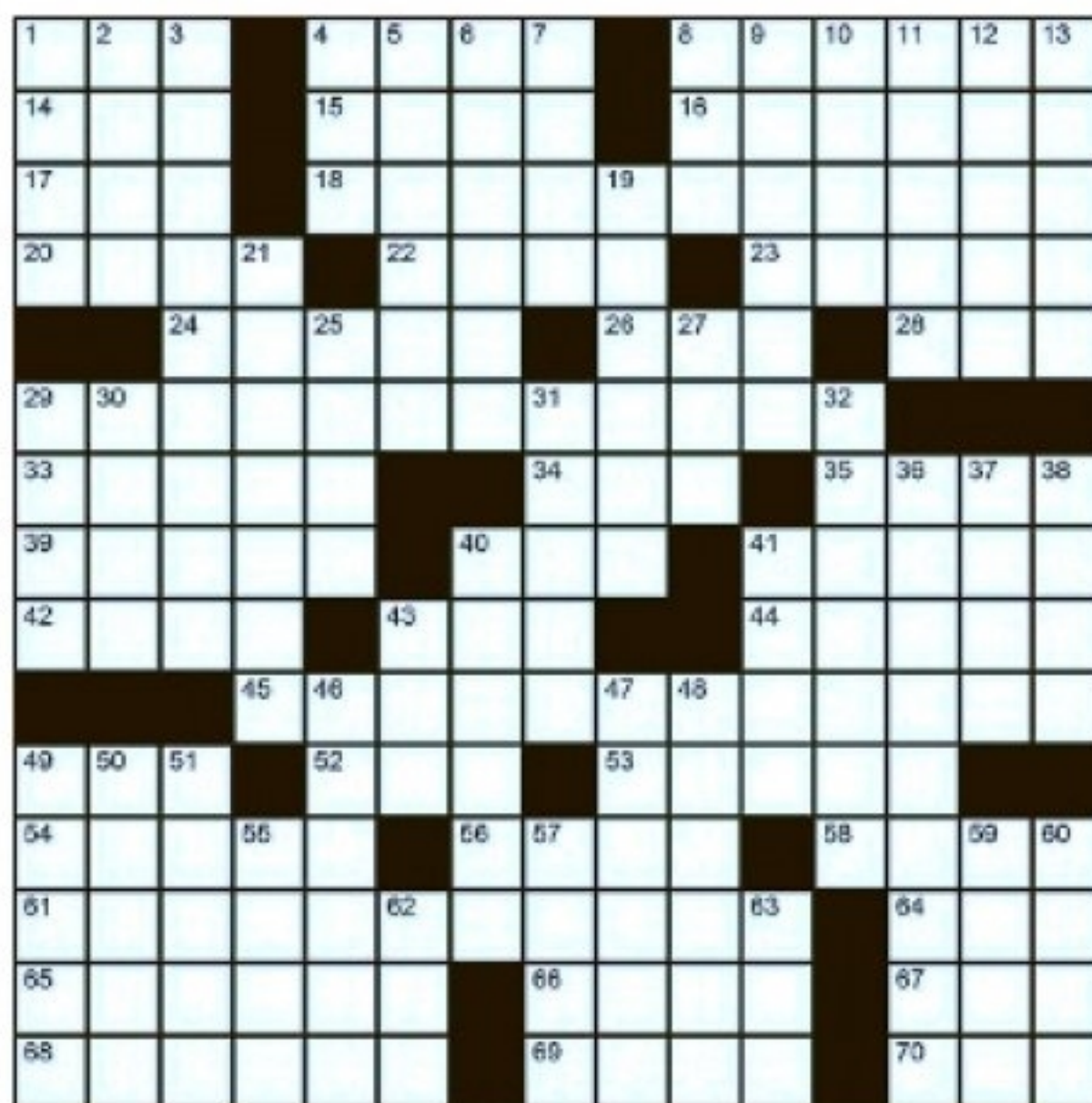
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# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

## ACROSS

1. Feminine pronoun
4. \_\_ Doble (Ballroom dance)
8. Beatles: "\_\_\_ the Universe"
14. That guy
15. Carnivorous Cretaceous creature, curly
16. Russia: Called the 'Blue Eye of Siberia', it's the world's oldest/deepest lake
17. Sphere
18. Military officer/explorer/fur trader born in Trois-Rivières who explored beyond Lake Superior and into Western Canada, Pierre Gaultier de Varennes et de \_\_\_ (b.1685 - d.1749)
20. Lima's land
22. Athapaskan-speaking people of the Northwest Territories
23. Quit
24. Dancing \_\_\_ (Delighted)
26. Born, in bridal bios
28. Drench
29. Ipsos Reid conducts them: 2 wds.
33. Watery word with 'Wave'
34. Hat, slang-style
35. Rupture
39. Particulars
40. 'Cent' add-on (Man/horse creature)
41. English author A.A.
42. Concern
43. Offshoot



44. Overact in the play
45. "\_\_\_" (You Know I Love You)" by Shania Twain
49. Electrical resistance unit
52. Actress Charlotte
53. Left-for-too-long

- loaf's condition
54. White wine of Italy
56. Climber's need
58. Rapsallions
61. Like products not tested on animals: 2 wds.
64. Dig in
65. Counsel

66. Satiated
67. Ms. Peebles
68. Staggered
69. Leaf-to-branch attachment
70. Attempt

## DOWN

1. Buy stuff
2. Fill a position

3. Do some needlework
4. 1980s scandal-ridden televangelism org.
5. "You Turn Me On, I'm \_\_\_" by Joni Mitchell
6. Ontario's Trent-\_\_\_ Waterway
7. Farm's cart-pulling team

8. Mr. Vigoda
9. Delete
10. Go by bike
11. Gumbo ingredients
12. "All right, if you \_\_\_" (I guess you're right then)
13. Get some beauty rest
19. 1875: Impressionist painter of The Skiff
21. Not identified
25. Feels yucky
27. Antiquity
29. Ear-related
30. Pocket bread
31. Eve \_\_\_ (Jan on "The Brady Bunch")
32. Activators of reactions
36. Headed for a Vegas chapel reason
37. Opposing
38. Film critic Rex
40. Blood carrier type
41. Prefix to 'morphosis'
43. Anecdotal collection
46. "You better..." ultimatum under: 2 wds.
47. Vivacity
48. Sam \_\_\_ (Famous officer of the North West Mounted Police)
49. "The Odd Couple" role
50. Drove of people
51. Purple hue
55. Screen
57. Slays, slangily
59. Couple
60. Remain
62. Mr. Danson
63. Furniture wood

# ★ IT'S ALL IN THE STARS by Sally Brompton

**Aries** March 21 - April 20  
Your nerves may be on edge a little but don't worry too much because nothing bad is likely to happen. Try not to change your everyday routine, as minor alterations could confuse you in major ways.

**Taurus** April 21 - May 21  
You need to decide where your affections belong. According to the planets, there's no middle ground. If you can't make a reasoned decision yourself the full moon will make it for you.

**Gemini** May 22 - June 21  
You've been astonishingly ambitious but something will happen that makes you wonder if it's worth all the effort. No matter how disillusioned you may be you must not give up.

**Cancer** June 22 - July 23  
Today's full moon will force you to do the opposite of what you were planning. There's no point making a big scene about it, just do what is expected of you, and do it well.

**Leo** July 24 - Aug. 23  
You must either earn more or spend less — it's as simple as that. The full moon will point you in the right direction. You'll have cash in your pocket again soon.

**Virgo** Aug. 24 - Sept. 23  
You will come to a new understanding with someone you have clashed with in the past. There may be some tension in your relationship but if you discuss your differences you can and you will overcome them.

**Libra** Sept. 24 - Oct. 23  
The most important lessons don't have to be painful but they usually are. You can sense that something needs to be changed, and if you find out what it is and do what has to be done you can bypass the pain.

**Scorpio** Oct. 24 - Nov. 22  
No one and nothing can stop you. But you can still stop yourself, simply by allowing your fears to get the better of you. Ignore the doubts the full moon is putting into your head.

**Sagittarius** Nov. 23 - Dec. 21  
The planets warn you need to accept that in one area of your life you are out of your depth and must concede defeat. But it's no big deal. You will bounce back bigger and better.

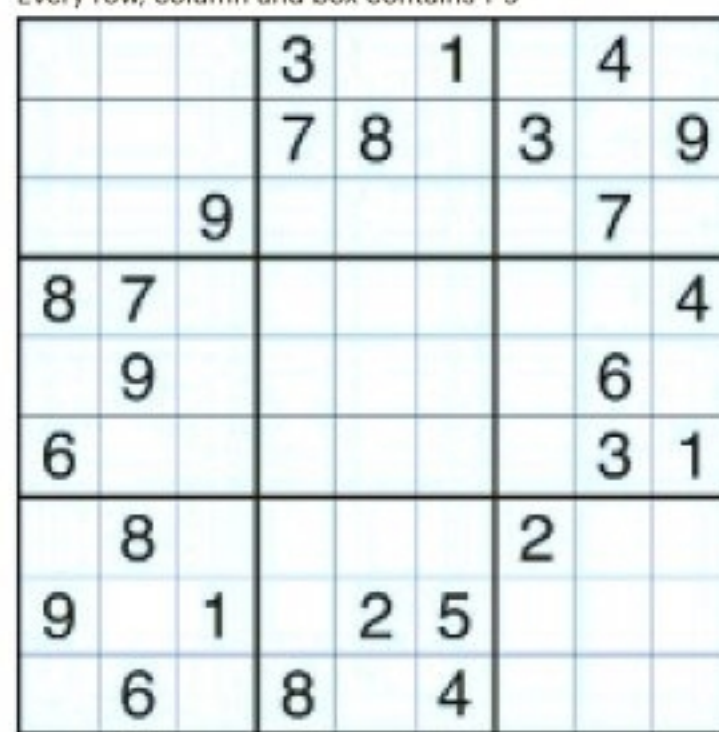
**Capricorn** Dec. 22 - Jan. 20  
You've all the charm you need to win friends and influence people, so reach out to those you would usually be afraid to approach because you think they're too good for you. They won't be above you for long.

**Aquarius** Jan. 21 - Feb. 19  
Take the kind of drastic action you usually prefer to avoid. You must realize that, as far as your finances are concerned, nothing can be taken for granted any more.

**Pisces** Feb. 20 - March 20  
What occurs next will bring into the open a conflict that has been simmering for quite some time. That's good. The more you try to deny that it exists the worse it will get.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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## FRIDAY'S ANSWERS

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Canadian residents who have reached the age of majority in their province or territory can enter the contest at [www.HyundaiSuperSearch.com](http://www.HyundaiSuperSearch.com) between February 13th, 2016 at 12:01am (ET) and April 4, 2016 at 11:59pm (PT). One entry per each Weekly Prize. One entry per Grand Prize. Four (4) Weekly Prizes of CDN\$2,500.00 each, and one (1) Grand Prize of CDN\$20,000.00. To be eligible for Grand Prize, contest participant must perform test drive of a new Hyundai vehicle at a Canadian Hyundai dealership and submit the correct answer to the final SuperSearch Clue. To be eligible for Weekly Prizes, contest participant must submit the correct answer for each respective Weekly SuperSearch Clue. Each Weekly Prize is exclusive of each other; answer submission for all Weekly Prizes is not required to be eligible to win any one (1) Weekly Prize. Chances of winning depend on the total number of eligible entries received. Eligible winners must correctly answer skill-testing question. Prize draws will be held at 16 Mary Street, Unit 4, Aurora, Ontario at approximately 2:00 PM (ET) on April 7, 2016. No purchase required. Complete rules available at [www.HyundaiSuperSearch.com](http://www.HyundaiSuperSearch.com).™® The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp.